

HANDY HINTS FOR PAINTBALLING WITH DELTA FORCE

Congratulations on organising your paintball event at Delta Force. We want to ensure you are fully prepared for your upcoming event, so we've put together a few handy hints for paintballing at any of our national paintball centres. Please note: facilities at our local paintball centres will vary.

Please be aware that all centres are located in woodland areas, so it's best to be prepared for your day of outdoor adventure. All our centres have open and undercover picnic benches for your comfort, however due to the nature of the surroundings we do not have fully enclosed structures or heating systems. Often in wet weather you may like to consider bringing wellington boots to wear if it's wet, as well as bring spare shoes to go home in.

Please forward these details onto your fellow comrades before the day, along with the map to the centre. If you have any questions about the event, our facilities or any of the handy hints below please feel free to call us on 0844 477 5050 – our friendly operators are here to help.

1) Dress for the occasion: It may get cold and wet out there, so we strongly recommend wearing some warm, weather-proof clothing. The games are played out in the woodlands so be prepared to get wet and/or dirty out there. Players normally wear old clothes such as a tracksuit and in the colder months most spectators bring a large warm jacket, beanie, gloves and a nice pair of warm socks.

2) Boots are best: An agile paintballer is a successful paintballer. Most players wear waterproof boots with ankle support and deep tread/rubber soles – it can be muddy, wet and slippery in the woodlands. Some players may choose to wear wellies as it can be quite muddy – but it is up to each individual to decide if they want to choose a waterproof option rather than the safety of ankle support.

3) Set for comfort: While your soldiers are out in the heat of battle, those not taking place in the games have the opportunity to catch up on some R & R in the base camp. Many spectators bring a blanket to stay warm and a pillow to sit on. Why not enjoy the day in total comfort and style? In summer don't forget to bring a hat, sunglasses and sunscreen.

4) Supervision: Children receive full instruction and supervision during the paintball games from trained and uniformed marshals. Where the party comprises children under 14 years of age, we strongly recommend that a responsible adult remain at the centre throughout the event. Their role is to ensure shoelaces are tied, goggles are cleaned and safely adjusted, and that children in their charge behave sensibly and safely.

5) A brew for you: All Delta Force national paintball centres provide complimentary tea and coffee during the day. Please feel free to help yourself – nothing beats a nice warm cuppa first thing in the morning.

6) Fancy a bite: Energy is the key to success in paintball. All Delta Force national paintball centres offer a freshly cooked lunch for purchase on the day of your game (must be purchased before 11:00am), or you can visit our on-site shop and treat yourself to some drinks, crisps, chocolates or sweets. We accept cash or credit/debit cards (please note card fees apply).

7) A tale or two: If you're not personally participating in the event then why not bring a good book, newspaper or magazine along for the day? Let the day slip away while you take in the latest news and gossip. If you want to capture the adventures of the day then why not bring a camera along – you can even get some action shots out in the game scenarios.

8) Getting home: During the colder months life tends to get a little wetter. As such, most players bring a change of clothes and a plastic bag for the trip home. It's always better to be over prepared.

These are just a few helpful hints on how to make your day as exciting, enjoyable and comfortable as possible.

At Delta Force we strive to provide the ultimate paintball event for each and every one of our guests, so if you have any questions or suggestions please feel free to call us on 0844 477 5050.

Please note these 'Handy Hints' are meant as a guideline only, and facilities at our local centres may vary.