

# EASTWOOD

Aveley Road, Upminster, Essex, RM14 2TW  
For directions call 0844 477 5080

**Please follow the map details, as Sat Nav systems may not be accurate.  
We encourage you to car pool, as parking spaces on site are limited.**

**DIRECTIONS** - 5 minutes from the M25, Junction 29

## By car:

Exit the M25 at Junction 29. Take the A127 (signposted Romford). After 1 mile leave the A127 on a slip road, following signs for Upminster and Cranham. After 100m the slip road ends at a T-junction with Hall Lane. Turn left (signposted Upminster and Cranham) and head straight on for 2½ miles passing straight over one mini-roundabout, Upminster tube station on your left, the A124 and all the shops in Upminster town centre. Turn right (signposted Rainham and Aveley) onto Harwood Hall Lane. After ½ mile turn left onto Aveley Road at the mini-roundabout. The Paintball Centre is 400 metres on the left.

## By tube and Mainline train:

Upminster Station (District Line) is a 45-minute walk or short taxi away from the Paintball Centre.

## By taxi:

Station Taxi: 01708 229 400 (approximately £10.00 to the centre).

## Arrival time:

9:15am prompt.

